



Metro West Junior Football League



Heat Policy

As a responsible organisation it has been recognized that we must modify playing condition for the safety of players when there is a possibility of heat stress.

If the temperature is forecasted 35 degrees or higher at 6.00 pm on the Channel 10 news on Saturday night ALL games will be cancelled, regardless of any subsequent cool change arriving.

Any lost rounds due to the heat policy being invoked; these games will not be rescheduled.

Modification to match conditions will apply when the forecasted temperature of the day of competition is 32 degrees or higher as at 6.00 pm on the Channel 10 news on Saturday night.

The MWJFL will advise Club Delegates as soon as possible after obtaining the forecast that the Heat Policy will operate for that round of matches. Umpires will be notified by the Umpire Director.

The Home MWJFL Club will be responsible to initiate the following process:

1. Timekeepers are instructed to blow the siren at the ½ way mark of each quarter, the umpire blows whistle to allow a 2 minute break for players to take fluids and cool down.
2. A warning siren is blown after 1 minute and a further siren after 1 minute 30 seconds and play recommences exactly 2 minutes after the break commenced.
3. Play will recommence as it was when ceased or by throwing up the ball in the same vicinity where it ceased at the onset of the break.
4. Time will not be added to quarters to make up for break [refer time sheet].
5. During the break coaches are not allowed to address players although the Runner may be used in normal practice.
6. Players are encouraged to use sunscreen on these days and keep fluids intake at a high level.

Please note that if the Heat Policy was invoked and a subsequent cool change arrives the two competing Clubs can decide to play normal rules and quarters.